

NIMUE TREATMENTS

Nimue is a proudly South African, new generation Dermacosmeceutical with pharmaceutical-like benefits that are able to affect the structure and biological functions of the skin, resulting in a healthier, optimally functioning skin with visible results.

Therapeutic Treatment (50 min) R500

A pampering treatment customised to a client's needs. Recommended as an introductory treatment for new clients.

Deep Cleanse Treatment (50 min) R580

A purifying treatment providing effective skin cleansing, incorporating extractions and treatment mask.

Thermal Detox Treatment (30 min) R600

A detoxifying and exfoliating treatment with a thermo-sensory mechanism improving oxygenation.

Active Rejuvenation Treatment (50 min) R710

An active treatment to facilitate dermal rejuvenation, reduce pore size, refine texture and provides overall skin improvement.

35% Glycolic Treatment (50 min) R820

A hydrating treatment improving skin texture and appearance, leaving skin with an instant plumpness.

7.5% TCA Treatment (50 min) R820

A deep exfoliating treatment resulting in radiant and smooth skin texture with superficial peeling, enhancing cell regeneration and overall skin improvement.

Nimue SRC (50 min) R910

A rejuvenating treatment with superficial peeling targeting hyper – pigmentation, ageing and problematic skin.

Smart Resurfacer (50 min) R910

A waterless, oil-based smart resurfacing treatment providing the ultimate potency in skin rejuvenation.

Smart Micropeel for Sensitive Skin Treatment (30 min) R760

A unique and gentle peel that rejuvenates and exfoliates the skin, simultaneously controlling inflammation and restores the skin microbiome.

MICRONEEDLING/MESOTHERAPY

Nimue collagen induction mesotherapy done with Microneedling pen. This treatment is ideal for ageing, hyperpigmentation and mild-acne skin types. Little down time with quick results. Can also be use on scars and stretchmarks.

5 in 1 Microneedling Combo (50 min) R1500

Exfoliation, Chemical peel, Microneedling, LED Light Therapy and Hand Treatment.

ADARA FACIAL TREATMENTS

Hydration Boost Facial (50 min) R450

Hydrating treatment providing effective skin moisture.

Deep Cleanse Facial (50 min) R450

Purifying treatment providing effective skin clarification.

Anti-Ageing Facial (50 min) R550

Anti-ageing treatment that assist in reducing fine lines and wrinkles, while also firming and hydrating the skin.

Dermaplaning (30 min) R385

Exfoliating treatment that removes the top layer of dead skin cells and peach fuzz.



MASSAGES WITH MATSIMELA

Massage has been an integral part of healing through the ages. Come and enjoy a remarkable massage with infused African oils from mother nature.

Lymphatic drainage massage

A gentle form of massage used to relieve painful swelling in your body by moving lymph from your body tissues to working lymph nodes.

(30 min) R400
(50 min) R600

Single Couple

Back, neck and shoulder massage R350 R650

Swedish, Hotstone or Deeptissue (25 min)

Full body massage R520 R990

Swedish, Hotstone or Deeptissue (50 min)

Body Exfoliation R520 R990

This lavish exfoliation with a selection of specific scrubs gently eliminates all traces of dull skin cells and impurities. After the exfoliation an application of softening balm containing pure Shea Butter, Beeswax and Ubuntu Oils is applied, leaving the body fully quenched and silky smooth. (50 min)

Cleansing & Relaxing Back Treatment R420 R750

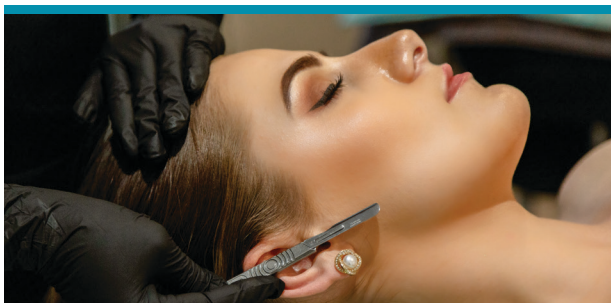
A treatment that stimulates the lymphatic system, rejuvenates the nervous system and awakens the skin at cellular level. Great for a congested back area as well as tense muscles in the back. (50 min)

Detoxifying & Muscle Ease Body Wrap R650 R1150

This complete body treatment help relieve muscle stiffness and joint soreness, promotes relaxation and aid in detoxification. This treatment combines a gentle exfoliation with your choice of scrub and the nourishment of the warm clay. Relax while cocooned with a scalp and shoulder massage. (80 min)

Nourishing Body Wrap R650 R1150

This treatment replenishes and soothes dry skin. It begins with a purifying salt & oil scrub, then a warm blend of oils and deeply nourishing butter is applied. Relax while cocooned with a scalp and shoulder massage. (80 min)



WAXING

	Female	Male
Brow shape	R75	R75
Nose wax	R60	R70
Lip wax	R75	
Chin wax	R100	
Full face (excluding brows)	R220	
Brow tint	R70	
Lash tint	R70	
Brow and lash tint	R120	
Brow and lash Combo: Brow shape, tint and lash tint	R170	
Henna Brows	R110	
Henna Combo (henna brows, henna lashes and brow shape)	R250	

Basic bikini wax	R165	
Deep bikini wax	R200	
Brazilian wax	R270	
Hollywood wax	R330	
Full leg wax	R210	R300
Half leg wax	R175	R220
Arm wax	R175	R220
Underarm wax	R150	R170
Back wax		R250
Stomach wax	R150	R170
Chest wax		R170

DIODE LASER HAIR REMOVAL

	Female	Male
Lip	R120	R150
Chin	R150	R170
Half face (below cheekbone)	R270	R300
Full face (cheekbone included)	R300	R330
Brows (top and middle)	R120	R150
Full face and neck	R400	R500
Neck	R150	R180
Decolletè	R200	R250
Cleavage	R150	
Nipples	R150	R170
Ears	R100	R120
Underarm	R270	R300
Full Arm	R400	R500
Half leg (including knee)	R500	R600
Full Leg	R700	R700
Toes	R100	R180
Bikini (3 fingers wide from panty line)	R300	
Brazilian	R550	
Hollywood	R600	
Extended Bikini (down legs) ADD ON	R150	
Chest	R400	R500
Stomach	R400	R500
Back of neck	R150	R170
Back	R450	R600
Half Back	R300	R300
Buttocks	R500	R600

MATSIMELA SIGNATURE TREATMENTS

On the go Manicure (25 min) Cuticle and nail care with paint.	R160
On the go Pedicure (25 min) Cuticle and nail care with paint.	R180
Signature Manicure (45 min) Cuticle and nail care, soak, exfoliate, massage, mask /soy wrap and paint.	R260
Signature Pedicure (60 min) Cuticle and nail care, foot filling, soak, exfoliate, massage, mask /soy wrap and paint.	R310
Elim Medi Heel Peel (60 min) Heel peel and neutraliser, anti bacterial soak, perfector heel balm and a cuticle MD treatment with normal nail care and express massage.	R420

GEL NAIL TREATMENTS

Gel/Acrylic removal	R150
Gel overlay without soak	R345
Gel overlay with soak	R380
Poly gel layer add on	R100
Toe gel overlay	R210
Gel overlay on fingers and toes	R530
Full set tips with gel overlay	R430
Full set tips with gel overlay and toes	R580
Regular pedicure with gel toe overlay	R390
Nail repair	R30
Silk repair	R10 p/nail
Extra art on gel nails	R10-R50

LASHES

LashOn Eyelash extensions	
Classic individual mink lashes:	
Full set (90 min)	R480
Fill (60 min)	R360

SUN KISSED SKIN

The Tan Lab Spray Tan (30 min)	R380
THE TAN LAB @ , have created a scientifically formulated tan that is unmatched by DHA-only products. With its unique combination of DHA and Erythrulose, our innovative two phase tanning products ensure both ingredients work in synergy providing the most natural looking tan that lasts longer and fades evenly.	

SLIMMING THERAPY

G5 (30 min) G5 massage is a mechanical heavy duty massage that breaks down cellulite and increase blood circulation.	Single R200	6 Sessions R1050
Faradic (60 min) Faradic technology is a form of electrical stimulation ideally suited for firming and toning body muscles.	R350	R1700

ADD ON

These express treatments can be added onto any body or facial treatment.

Indian Scalp Massage (15min)	R165
Sino Drainage Massage (20min)	R165
Foot Massage & Mask (20min)	R170
Hand Massage & Mask (20min)	R140

PACKAGES

Spa Taster (60 min) Back, neck and shoulder massage Hydrating facial	R650
Destress Spa (80 min) Full body massage Hydrating Facial	R790

Full day and Half day packages will be sent on request.

GENERAL INFORMATION

- Loyalty program: Each time a full service is completed your therapist will digitally stamp your electronic Adara loyalty card. After 10 completed Adara treatments, 5% of the total card value can be used on Massages/Pedicures in Vanderbijlpark.
- Gift vouchers are available.
- Pre-Booking treatments are essential.
- Late arrival – treatment will be completed in allocated time & the fee will remain unchanged.
- 24 hour notice for treatment change/cancellation.
- Prices are subject to change without prior notice.
- Payment must be made immediately after treatment.
- Accepted payment methods are: Cash, Debit, Credit Card, EFT before treatment.
- Should you have any physical/medical condition (e.g. pregnancy, recent surgery, epilepsy, allergies), please inform therapist prior to your treatment.

THERAPIST QUALIFICATIONS

SAAHSP, CIDESCO, ITEC

OFFICE HOURS

Week days 8:00 – 17:00

Saturdays 8:00 – 13:00

The first and last Saturday of the month 8:00 – 15:00



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